

# ***Saint Michael's War Memorial Catholic Church***

29 Banks Avenue, Daceyville NSW 2032

Tel: 02 9349 1292

Email: [angelsville@bigpond.com](mailto:angelsville@bigpond.com)

Web: [www.stmichaeldaceyville.org.au](http://www.stmichaeldaceyville.org.au)

Admin: Rev. Fr. Phan Nguyen

Secretary: Grace Guerrero (Thurs, Fri)

Parish Support: Myrna Sarmiento

Bookkeeper: Patricia Low



*"Come to worship  
Go to proclaim"*

School: St Michael's Catholic Primary School | Web: [www.stmdaceyville.catholic.edu.au](http://www.stmdaceyville.catholic.edu.au)

Tel: 02 9344 8512 | Principal: Geoffrey Carey



**4th February, 2024**

**5th Ordinary Sunday—Year B**

Sat 10th Feb —St Scholastica

**14th Feb—ASH WEDNESDAY 9.15am (School Mass) & 7pm**

**14th Feb—Reconciliation 6pm—6.45pm**

**Stations of the Cross (Fridays During Lent) - 6pm**

**FIRST READING:**

**Job 7:1-4, 6-7**

**I am filled with sorrow all day long.**

**RESPONSORIAL PSALM**

**Ps 146:1-6, R. v. 3**

**Praise the Lord who heals the broken-hearted.**

**SECOND READING:**

**Corinthians 9:16-19, 22-23**

**Punishment will come to me if I do not preach the Gospel.**

**GOSPEL ACCLAMATION**

**Mt 8:17**

*Alleluia, Alleluia*

*He bore our sickness,*

*and endured our suffering.*

*Alleluia.*

**GOSPEL:**

**Mark 1:29-39**

*He cured many who suffered from diseases of one kind or another.*

# St. Michael's Parish Notice

**Sick:** Vince Buchan, Sylvia Newman, David Low, Jimmy Chandra, Sr Monica RMS  
**Mass Intentions** Sun 8am †Angel Gabutina & †Kevin Bridge

We acknowledge the Gweagal People, the traditional Custodians of this land.

## *Repent and Believe - Be filled with the love of God* **Lenten Companion 2024**

The beautiful Season of Lent is approaching. Let us make the most of this precious time to gather in our parishes and communities to reflect on the Passion, Death and Resurrection of Jesus, using the Lenten companion *Repent and Believe - Be filled with the love of God*. This free booklet contains Gospel readings for the Sundays of Lent until Easter Sunday. Designed for individual or group prayer, either in-person or online, the resource will be available in Church Foyers and online at [www.gomakedisciples.org.au](http://www.gomakedisciples.org.au)

## **St Scholastica**

St. Scholastica was St. Benedict's twin sister. They lived in the 5th century. At an early age, Scholastica entered a convent joining a Benedictine order for women. Each year, Benedict and Scholastica met to discuss their way of life in the two religious houses. Since women were not allowed to enter his monastery, Benedict and a few companions met her in the guest house at Monte Casino. One day when Scholastica was very ill, her brother came to visit her at the convent. They spent the day singing psalms and speaking about spiritual life. When evening came, they sat down to supper and continued the conversation until quite late. Strict rules of the monastery only allowed one day for a monk to visit his family and never allowed him to stay away overnight. Scholastica asked her brother to stay the night since she was afraid that she would not live until his next visit. Benedict, an obedient monk refused. Legend has it that Scholastica folded her hands in prayer. When she looked up a minute later, lightning flashed in the sky, thunder roared and it rained so heavily that Benedict and his monks could not safely leave the house. Realizing what had happened, Benedict asked her: "What have you done, my sister?" Scholastica answered, "I asked a favor of you, and you refused to listen to me. So I asked my God, and He granted my request." One day, while he was praying in his room, Benedict looked towards the convent, and saw a white dove circling the building, finally disappearing into the blue. He interpreted this event to mean that his sister had died and her soul had gone to heaven. The white dove is a symbol of her purity.

## **Electronic Donations**

If anyone wishes to donate electronically, please click on the QR code and you will be directed to our donation page on our website.

**THANK YOU** for your generous support.

It is very much appreciated.



## **The Catholic Archdiocese of Sydney Safeguarding Office**

Child sexual abuse is a crime. If you, or anyone you know, have been abused, please contact the police. Or contact the Safeguarding and Ministerial integrity office at (02) 9390-5810 or [safeguardingenquiries@sydneycatholic.org](mailto:safeguardingenquiries@sydneycatholic.org)

***Please observe silence in God's house.  
Please turn your mobile off or put it on silent.***



### **History of Lent**

Lent means "the 40 weekdays from Ash Wednesday to Easter. This name comes from the "Old English **lencten** *springtime, spring*" and "from West Germanic **langitinaz** *long-days or lengthening of the day.*" Christians honour the 40 days and nights following Christ's baptism when He went into the wilderness without water and food and was tempted by Satan. During that time, Christ did what we do today when we fast: wrestle with temptation. This was not the first fast; biblical figures often fasted when petitioning God for something important.. The Israelites **"mourned and wept and fasted till evening for Saul and his son Jonathan, and for the army of the LORD and for the nation of Israel, because they had fallen by the sword"** (2 Samuel 1:12). Since the early origins of Lent, early Christians gave up food or money in order to imitate Christ's obedience to the Father.

**Ash Wednesday**, is the first day of Lent, where Christians mark their foreheads with ash as a symbol of sorrow and mourning over their sin.

***Then I turned my face to the Lord God, seeking him by prayer and pleas for mercy with fasting and sackcloth and ashes (Daniel 9:3)***

### **Lenten Observance– ASH WEDNESDAY 14th February, 2023**

**1. Abstinence from meat, and fasting, *must be* observed on Ash Wednesday and Good Friday. All who have completed their eighteenth year and have not yet begun their sixtieth year are bound to fast. All who have completed their fourteenth year are bound to abstain.**

**2. On all other Fridays of the year including the Fridays of Lent, the law of the common practice of penance is fulfilled by performing any one of the following:**

**(a) prayer - for example, Mass attendance; family prayer; a visit to a church or chapel; reading the Bible; making the Stations of the Cross; praying the rosary.**

**(b) self-denial - for example, not eating meat; not eating sweets or dessert; giving up entertainment to spend time with the family; limiting food and drink so as to give to the poor of one's own country; limiting use of social media, smart phones or television.**

**(c) helping others - for example, special attention to someone who is poor, sick, elderly, lonely or overburdened.**

**Lent lasts from ASH WEDNESDAY (14th February, 2024) to the MASS OF THE LORD'S SUPPER (28th March, 2024). On GOOD FRIDAY and, if possible on HOLY SATURDAY until THE EASTER VIGIL, THE EASTER FAST IS OBSERVED.**

**Each of the faithful is obliged to receive Holy Communion at least once a year. This is to be done between Ash Wednesday, 14th February, 2024, and Trinity Sunday (26th May, 2024). All the faithful are obliged to confess their grave sins at least once a year**

**Mass Times:**      **Saturday Vigil:** 5:00pm  
                                  **Sunday:**                    8:00am, 10:00am  
**Weekday:**      **Monday:**  
                                  **Tuesday:**                    7:30am  
                                  **Wednesday:**                7:00pm  
                                  **Thursday:**                    7:30am  
                                  **Friday:**                        9:15am

**Reconciliation**

**Wednesday:** 6:15pm – 6:45pm  
**Saturday:**    4:15pm – 4:45pm



**Contact The Presbytery**

**Parish Office Hours:** Thurs & Fri 9:00am to 2:30pm

**Holy Hour:** Wednesday, 6:00pm

**Baptisms & Weddings:** by appointment.

**Baptisms:** Sundays after the 10am Mass

**Volunteers Roster:**

**This weekend - 4th February, 2024 5th Ordinary Sunday**

<b><u>Vigil:</u></b> (A) Hartanto, A Yap	(R) S & R Williams	(M) Thomas W
<b><u>8am:</u></b> (A) Mark S, Andy H	(R) A Burke, Justine	(M) Patricia L
<b><u>10am:</u></b> (A) N Jenner	(R) D Sarmiento, Jordan	(M) M Sarmiento

**Piety Stall:** (Vigil) C Lan Kam (Sun, 8am) I Koeswanto (Sun, 10am) L Jenner

**Next weekend - 11th February, 2024 6th Ordinary Sunday**

<b><u>Vigil:</u></b> (A) Hartanto, A Yap	(R) G Metternicht, Br Robert	(M) Thomas W
<b><u>8am:</u></b> (A) Mark S, Andy H	(R) A Burke, G Guerrero	(M) Patricia L
<b><u>10am:</u></b> (A) N Jenner	(R) K Wong, <b>Volunteer</b>	(M) M Sarmiento

**Piety Stall:** (Vigil) F Wu (Sun, 8am) I Koeswanto (Sun, 10am) L Jenner

Parishioners wishing to apply for any of the Ministries, please contact the Parish Office.  
 Thank you!